take care
circus life in a swing

Take Care Conference # 2

2 May 2026 | Circusstad festival, Rotterdam (NLD)

In collaboration with FEDEC and Codarts

Register to the conference here (2 options):
→ conference + lunch (17,50€) |
→ conference without lunch (free)

Take Care Conference Part 1

Codarts Kruisplein

09:30 | Walk in & coffee

10.00 | Opening
Valentina Barone, Around About Circus (DEU) & FEDEC (BEL)
A dive into the Take Care project's past and upcoming steps.

10:15 | Keynote
Stephanie Hulsebosch, Head of Education & Innovation at Codarts
Codarts Rotterdam's journey from isolated wellbeing initiatives to a comprehensive, integrated fully embedded Student Life program that promotes health, resilience, and performance among performing arts students.

11:10 | Workshop
Jorrit Terpstra, Performance Psychologist at Codarts
Interactive session on supporting circus students in the area of mental health

12:10 | Presentation of the first results of the Take Care survey
Rogier van Rijn, Associate Professor at Codarts
Circus life in a swing: First insights from the Take Care Mental Health survey among circus students from 16 European Circus Schools.

12.30 | Lunch
CircoBistro

13.30 | Cristian Boscheri - Pleaser (première)
Theater Rotterdam
Optional, register here.

Take Care Conference Part 2

Codarts Kruisplein

14:45 | Roundtable
With artists Frédérique Cournoyer Lessard, Cristian Boscheri, Alice Davies & Laura Murphy, moderated by Valentina Barone, Around About Circus (DEU)

15:40 | Introduction and screening of "my own box"
Short movie by Filip Jacobson with Alice Rende.

16:00 | Closing

16:30 | Cocktail
CircoBistro

Performances (optional)

17:00 | **Codarts Circus Arts 3rd year's group performance (NLD):** C3: Pink Horizons
17:00 | **Marica Marinoni & Jef Everaert (ITA/BEL):** In Difference
20:00 | **Gravity & Other Myths (AUS):** The Mirror

Venues

→ **Codarts Kruisplein**
Kruisplein 26, 3012 CC Rotterdam
→ **CircoBistro: Schouwburgplein!**
Karel Doormanstraat 101, 3012 CL Rotterdam
→ **Theater Rotterdam**
Schouwburgplein 25, 3012 CL Rotterdam

This conference is part of a series of conferences organised as part of Take care, first-ever EU project dedicated to supporting mental health and well-being in the circus arts sector.

- Take Care Conference #1 | CircusDanceFestival, 7 June 2025, Cologne (DEU)
- Take Care Conference #2 | Circusstad festival, 2 May 2026, Rotterdam (NLD)
- Take Care Conference #3 | Final conference at On the Edge Festival, 7 Nov 2026, Vienna (AUT)

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