

Take Care Conference # 3

7 November 2026 | ON THE EDGE Festival, Vienne (AUT)
Theater am Werk im Kabelwerk - Oswaldgasse 35A, 1120 Vienna, Austria

Take Care Final Conference

09:30 | Accreditation & coffee

10.00 | Welcome words

ON THE EDGE, [CircusDanceFestival](#) and [FEDEC](#)

10:15 | Keynote - Relationally Curious: Creating an Ecosystem of Care

by [Anna Mendelssohn](#) - actress, performance artist and systemic psychotherapist

10:40 | Keynote Circus, Science & Care: CODARTS Take Care Survey Results

by [Rogier van Rijn](#) - PhD Human Movement Scientist, CODARTS Associate Professor:

11:00 - 11:30 | Short break

11.30 - 13:00 | Workshops in parallel

- **Bodies that Care: Rest, Risk and Interdependence in Circus**
 - With [Verena Schneider](#) – interdisciplinary circus artist & Christina Rauchbauer – choreographer, performer and theatre facilitator.
- **Relationally Curious: Curiosity as a tool to navigate an Ecosystem of Care**
 - With [Anna Mendelssohn](#) - actress, performance artist and systemic psychotherapist
- **Fit Your Brain: Physical Preparation and Stretching for Neurons**
 - With [Chiara Marchese](#) – multidisciplinary artist

13.15 - 14:30 | Lunch break by registration @[Genuss am Werk](#)

14:30-15:10 | Presentation of the 4 Take Care Short Movies

by the videomakers Take Care partners [Miikkael Kukkula](#) and [Filip Jacobson](#)

15:10-16:40 | Panel - Conscious Creatures: An Artistic Exploration of Mental Health

with Chiara Marchese, Miikkael Kukkula, Filip Jacobson and Isabel Joly, moderated by Valentina Barone. Live-drawing by Birgit

16:40-17:00 | Snacks & drinks

ON THE EDGE Artistic Programme

17:00 & 18:30 | Running Gag by [Sööt/Zeyringer](#)

19:00 | Cracks in the Wood by [Maria Madeira](#)

21:00 | Dark Glowing by [Laurence Felber](#)

This conference is part of a series of conferences organised as part of [Take Care](#), first-ever EU project dedicated to supporting mental health and well-being in the circus arts sector.

- Take Care Conference #1 | [CircusDanceFestival](#), 7 June 2025, Cologne (DEU)
- Take Care Conference #2 | [Circusstad festival](#), 2 May 2026, Rotterdam (NLD)
- Take Care Conference #3 | Final conference at On the Edge Festival, 7 Nov 2026, Vienna (AUT)

takecare@fedec.eu | www.fedec.eu/en/take-care