take care
circus life in a swing

Take Care Conference # 3

Relationally Curious: Awareness, Behaviour and Well-being

7 November 2026 | ON THE EDGE Festival, Vienna (AUT)
Theater am Werk im Kabelwerk - Oswaldgasse 35A, 1120 Vienna, Austria

Take Care Final Conference

09:30 | Accreditation & coffee

10.00 | Welcome words
ON THE EDGE, CircusDanceFestival and FEDEC

10:15 | Keynote - Relationally Curious: Creating an Ecosystem of Care
by Anna Mendelssohn - actress, performance artist and systemic psychotherapist

10:40 | Keynote - Circus, Science & Care: CODARTS Take Care Survey Results
by Rogier van Rijn - PhD human movement scientist, CODARTS associate professor

11.15 - 13:00 | Workshops in parallel

1. **Let There Be Pie! Playing between personal needs, collective interdependencies and performative practices**
   - With Verena Schneider – interdisciplinary circus artist & Christina Rauchbauer – choreographer, performer and theatre facilitator
2. **Relationally Curious: Curiosity as a tool to navigate an Ecosystem of Care**
   - With Anna Mendelssohn - actress, performance artist and systemic psychotherapist
3. **Fit Your Brain: Physical Preparation and Stretching for Neurons**
   - With Chiara Marchese – multidisciplinary artist

13.15 - 14:30 | Lunch break by registration **@Genuss am Werk**

14:30-15:10 | Mental Health, Circus & Cinema: Take Care Films Screening
by filmmakers and Take Care partners Filip Jacobson and Miikkael Kukkula

15:10-16:40 | Panel - Conscious Creatures: An Artistic Exploration of Mental Health
with Chiara Marchese, Miikkael Kukkula, Filip Jacobson and Isabel Joly, moderated by Valentina Barone. Live-drawing by Birgit Kellner.

16:40-17:00 | Snacks & drinks

ON THE EDGE Artistic Programme

17:00 & 18:30 | Running Gag by Sööt/Zeyringer (AT/EE)

19:30 | Cracks in the Wood by Maria Madeira (PT/BE)

21:00 | Dark Glowing by Laurence Felber, Silvan Strübel, Caroline Schenk (CH)

This conference is part of a series of conferences organised as part of Take Care, the first-ever EU project dedicated to supporting mental health and well-being in the circus arts sector.

- Take Care Conference #1 | CircusDanceFestival, 7 June 2025, Cologne (DEU)
- Take Care Conference #2 | Circusstad festival, 2 May 2026, Rotterdam (NLD)
- Take Care Conference #3 | On the Edge Festival, 7 Nov 2026, Vienna (AUT)

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FEDEC International network for professional circus education
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