

CIRCUS INTENSIVE COURSE

An 11 week course that meets you at your level.

ABOUT THE COURSE:

The course has an acrobatic focus and is led by an experienced team of facilitators, who work to create an adaptive training environment that helps you strengthen your circus practice. The course is designed in modules, allowing you to return to the course again and again — regardless of your physical background or previous participation.

WHAT YOU GET:

- Classes in acrobatics, handstands, flexibility, conditioning, and movement practices.
 - Self structured time where you can work on your own circus practice with a facilitator in the space.
 - Individual guidance to help you structure and develop your own training methodology.
 - Experienced facilitators who take you seriously as an artist — and expect the same level of commitment from you.
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WHO IS IT FOR:

- Emerging and professional circus artists, or anyone with a strong physical training background who want to:
 - Prepare for higher education in circus or related fields.
 - Expand their physical vocabulary and refine technical skills.
 - Join an intensive 11-week (or longer) training period.
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COURSE STRUCTURE

- Monday - Friday between 9 - 16
 - Approximately 22 facilitated hours a week + Access to open training (6 hours per week).

- 11-week course (modular format).
- Each course is a complete training period in itself, while also being part of a modular format that allows participants to return and continue developing their practice over multiple courses. Individual learning goals ensure continued progression regardless of previous participation.

REQUIREMENTS:

- No specific circus experience is required, but participants should ideally have experience from other movement-based disciplines such as dance, gymnastics, martial arts, parkour, climbing, or similar.
- Full participation - 75% attendance is required.
- Participants are required to have valid personal insurance covering their participation in physical and circus training activities.

CCCC'S PEDAGOGICAL APPROACH

At CCCC, learning begins in the body. Our pedagogy is grounded in physical practice, embodied knowledge, and long-term artistic development, connecting reflection and theory directly to lived experience in the studio.

We believe artists grow through curiosity, experimentation, and ownership of their learning process. Rather than simply transmitting knowledge, our facilitators support each participant in developing their own artistic voice, training practice, and capacity for self-directed growth.

Through dialogue, collaboration, and a culture of inquiry, we create a learning environment that challenges participants to connect, create, and move beyond what they thought possible.

PRACTICALITIES

- **Price:** 9700 DKK / 1300 EUR (Deposit: DKK 2,000 upon selection).
- **COURSE DATES FOR SPRING 2027:**
 - CIC 2027 #1:**
12. Jan - 2. Apr 2027 (Easter Break 20.-29. March)
 - CIC 2027 #2:**
5. Apr - 18. Jun 2027

- **Teaching language:** English.
- ***Students need to bring their own circus equipment.***

Admission process: An application form including a video (max. 3 minutes) demonstrating your current circus or physical practice.

Applications are accepted on a rolling basis. The application deadlines for each course are:

CIC 2027 #1: 22 November 2026

Applicants will receive a response by 7 December 2026.

CIC 2027 #2: 21 February 2027

Applicants will receive a response by 8 March 2027.

Applications received after the deadline will be considered for the course waiting list.

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<https://cccc.dk/article/55710304-3723-4037-842b-1b82c2fdbfba>